



Prove STUDY

Physiotherapy Rehabilitation for Osteoporotic Vertebral Fracture



We are recruiting patients:

- With BACKPAIN due to **osteoporosis** who have had at least one **vertebral** (bone in the spine) **fracture**
- Willing to be treated by either 'Hands on' physiotherapy, OR Exercise physiotherapy OR Usual care (a computer will randomly choose treatment type).
- Willing to come for between 1-7 treatment sessions at (*insert local site*)

If you are interested please ask your GP for a study information pack

The objective of the study is to assess and compare the effects of physiotherapy intervention on the quality of life of patients with symptomatic vertebral osteoporosis

If you have any questions or would like any more information please contact Varsha Gandhi, (Trial Co-ordinator) by phone or e-mail: (01865) 223489 or prove@ndorms.ox.ac.uk or look at the website <http://www.ndorms.ox.ac.uk/prove/>

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